A child’s health is comprised of physical, social-emotional, behavioral and mental health. The NJPPC believes that all these aspects of health contribute to the whole child’s wellbeing. Now more than ever, the pandemic has stressed our children’s mental health. In response, the NJPPC is working collaboratively with pediatricians across NJ on managing children’s behavioral health.

The NJPPC has transformed the way in which children in NJ can access behavioral health care. It provides pediatricians with quick access to child/adolescent psychiatric consultation and facilitates referrals for accessing ongoing mental/behavioral health care. The pediatrician will have the ability to manage your child’s mental health needs (including medications when indicated) through ongoing collaboration with the Child and Adolescent psychiatrists at NJPPC.

Here are some of the concerns for which pediatricians consult with NJPPC:

- Anxiety
- Depression
- ADHD
- Substance Use
- School Issues, ex. refusal, acting out

Services available through your NJPPC enrolled pediatrician:

- Behavioral health assessment
- One-time psychiatric evaluation by a Child and Adolescent Psychiatrist (CAP) when appropriate
- Assistance with linking your child to behavioral health services
- Parental guidance

Please speak with your pediatrician about this unique program.