



New Jersey
Psychiatric
Association



NEW JERSEY
PEDIATRIC
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Get Your Child the Help They Need

Does your child struggle with mental health?

You are not alone. One in six children ages 2-8 suffers from a mental, behavioral, or developmental disorder.

Do you struggle to find mental health services for your child?

Unfortunately, this is common. There are only seventeen child and adolescent psychiatrists per 100,000 children in New Jersey.

How can you get your child help?

Join the over 18,050 families that have accessed mental health services for their children through the NJPPC, NJ's premier child psychiatry access program.

Access mental health care at your pediatrician's office.

Here's how:

The NJ Pediatric Psychiatry Collaborative (NJPPC) is a free program whereby your child's pediatrician, if enrolled, has access to psychiatric consultation services.

- ▷ Your child's pediatrician takes care of your child's general health and wellbeing.
- ▷ Child and adolescent psychiatrists are specially trained physicians who can guide your pediatrician to address mental health issues.



I am glad my pediatrician has access to the NJPPC Hub because my son finally has the mental health support that he needs. The help my son received by the Hub should be accessible to all children in our state."

— parent of program participant



Advocate for your child.

Talk with your pediatrician about the NJPPC.



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Access Children's Mental Healthcare with the NJPPC

Services Offered by the NJPPC

- ▷ Mental health consultation with pediatrician and parent/caregiver
- ▷ Psychiatric consultation for the child/teen, if needed
- ▷ Telehealth options available
- ▷ Referral resources provided
- ▷ Guidance to pediatrician and parent regarding diagnosis and treatment planning
- ▷ Integrated care between your child's pediatrician and NJPPC mental health clinicians

NJPPC is improving mental health outcomes for children and families

- ▷ Over 3,000 children were served in one year, 445 of whom were seen by a child and adolescent psychiatrist.
- ▷ Children can be seen by a child and adolescent psychiatrist within two weeks.
- ▷ The program serves children ages 0-21.
- ▷ Children are seen for anxiety, depression, attention issues, school issues, and mood problems.

Act Now for Your Child

- ▷ Share this flyer with your child's pediatrician and ask them to enroll in the NJPPC.
- ▷ Pediatrician enrollment:



Child and Adolescent
Psychiatrist

